

# Lancaster Fresh™

## Luscious Caramel

### GOURMET DIP MIX

NET WT 4.25 OZ (120g)

### Simple to prepare!

#### Ingredients needed:

- Luscious Caramel Dip Mix
  - 8 oz. cream cheese, softened
- You may use lowfat or nonfat products with this mix, although results may vary.

#### Complete directions and recipes inside!

Ingredients: brown sugar, cane sugar, cane molasses, cane caramel, natural flavors, dextrose and cornstarch.

For optimum shelf life, store dry mix in your refrigerator or freezer.

Distributed By:  
ICC Global Trade, LLC  
PO Box 10992  
Lancaster, PA 17605  
United States of America  
www.lancasterfresh.com



### Nutrition Facts

Serving Size 2 Tablespoons (34g)  
Servings Per Container about 10

Amount Per Serving	Mix	with added ingredients
Calories	50	130
Calories from Fat	0	72
% Daily Value* **		
Total Fat 0g*	0%	12%
Saturated Fat 0g	0%	25%
Trans Fat 0g	-	-
Cholesterol 0mg	0%	8%
Sodium 10mg	0%	2%
Total Carbohydrate 12g	4%	4%
Dietary Fiber 0g	0%	0%
Sugars 11g	-	-
Protein 0g	-	-
Vitamin A	0%	2%
Vitamin C	0%	0%
Calcium	1%	3%
Iron	0%	2%

\* Amount in Luscious Caramel Dip Mix.  
Added ingredients contribute an additional 80 calories, 8g total fat, 5g saturated fat, 0g trans fat, 25mg cholesterol, 68mg sodium, 1g total carbohydrate (0g sugar), 2g protein.

\*\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

## LUSCIOUS CARAMEL DIP MIX™

### *Ingredients needed:*

- ☑ Luscious Caramel Dip Mix
- ☑ 8 oz. cream cheese, softened\*

*You may use lowfat or nonfat products with this mix, although results may vary.*

*\*Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.*

### *Directions:*

Add entire packet to cream cheese. Mix well. Beat with electric mixer on medium speed or by hand with fork until creamy. Chill at least 2 hours before serving. Serve with red and/or green apple slices\*\*, other fruits, cookies or pretzels. Keep prepared dip refrigerated.

*\*\*To keep apple slices from turning brown, add 3 Tablespoons lemon juice (bottled) to 1 cup water and soak apple slices approximately 5 minutes in this mixture. Drain and serve.*

**Luscious Caramel Dip** may also be served on:

- Carrot Cake
- Apple Pie
- Oatmeal Cake
- Ice Cream
- Chocolate Cake
- Spice Cake
- Brownies

Let your imagination decide!

## LUSCIOUS CARAMEL APPLE SALAD

Make dip according to directions. Add 8 to 10 cups\*\*\* bite-size apple pieces (unpeeled) to prepared dip. Granny Smith (green apples) and Red Delicious are best combination. Toss gently to coat apple pieces. *Optional:* add 1 cup dry roasted peanuts. Serve immediately. This salad must be served within 1 hour. Juice from apples dilutes caramel and salad will become "watery" within 1 to 2 hours.

*\*\*\*One (1) large Granny Smith Apple or Red Delicious Apple cut into bite-size chunks = approximately 2 cups.*