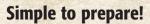


GOURMET DIP MIX

NET WT 4.25 OZ (120g)



Ingredients needed:

- Luscious Caramel Dip Mix
- 8 oz. cream cheese, softened You may use lowfat or nonfat products with this mix, although results may vary.

Complete directions and recipes inside!

Ingredients: brown sugar, cane sugar, cane molasses, cane caramel, natural flavors, dextrose and cornstarch.

For optimum shelf life, store dry mix in your refrigerator or freezer.

Distributed By: ICC Global Trade, LLC PO Box 10992 Lancaster, PA 17605 United States of America www.lancasterfresh.com



Nutrition Facts

Serving Size 2 Tablespoons (34g) Servings Per Container about 10

Amount Per Serving	Mix	with added
		ingredients
Calories	50	130
Calories from Fat	0	72
	% Daily Value**	
Total Fat 0g*	0%	12%
Saturated Fat Og	0%	25%
Trans Fat 0g		
Cholesterol Omg	0%	8%
Sodium 10mg	0%	2%
Total Carbohydrate 12g	4%	4%
Dietary Fiber Og	0%	0%
Sugars 11g		-
Protein 0g		

- Vitamin A
 0%
 2%

 Vitamin C
 0%
 0%

 Calcium
 1%
 3%

 Iron
 0%
 2%

 *Amount in Luscious Caramel Dip Mix.
 - *Amount in Luscious Caramel Dip Mix.

 Added ingredients contribute an additional

 80 calories, 8g total fat, 5g saturated fat, 0g trans
 fat, 25mg cholesterol, 68mg sodium, 1g total
 carbohydrate (0g sugar), 2g protein.
- *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

LUSCIOUS CARAMEL DIP MIXTM

Ingredients needed:

⊘ Luscious Caramel Dip Mix

② 8 oz. cream cheese, softened*

You may use lowfat or nonfat products with this mix, although results may vary.

*Cream cheese may be softened in microwave. Blend cream cheese to avoid any "hot spots" before adding to recipe.

Directions:

Add entire packet to cream cheese. Mix well. Beat with electric mixer on medium speed or by hand with fork until creamy. Chill at least 2 hours before serving. Serve with red and/or green apple slices**, other fruits, cookies or pretzels. Keep prepared dip refrigerated.

**To keep apple slices from turning brown, add 3 Tablespoons lemon juice (bottled) to 1 cup water and soak apple slices approximately 5 minutes in this mixture. Drain and serve.

Luscious Caramel Dip may also be served on:

Carrot Cake
Apple Pie
Oatmeal Cake
Ice Cream
Chocolate Cake
Spice Cake
Brownies

Let your imagination decide!

LUSCIOUS CARAMEL APPLE SALAD

Make dip according to directions. Add 8 to 10 cups*** bite-size apple pieces (unpeeled) to prepared dip. Granny Smith (green apples) and Red Delicious are best combination. Toss gently to coat apple pieces. *Optional*: add 1 cup dry roasted peanuts. Serve immediately. This salad must be served within 1 hour. Juice from apples dilutes caramel and salad will become "watery" within 1 to 2 hours.

***One (1) large Granny Smith Apple or Red Delicious Apple cut into bite-size chunks = approximately 2 cups.